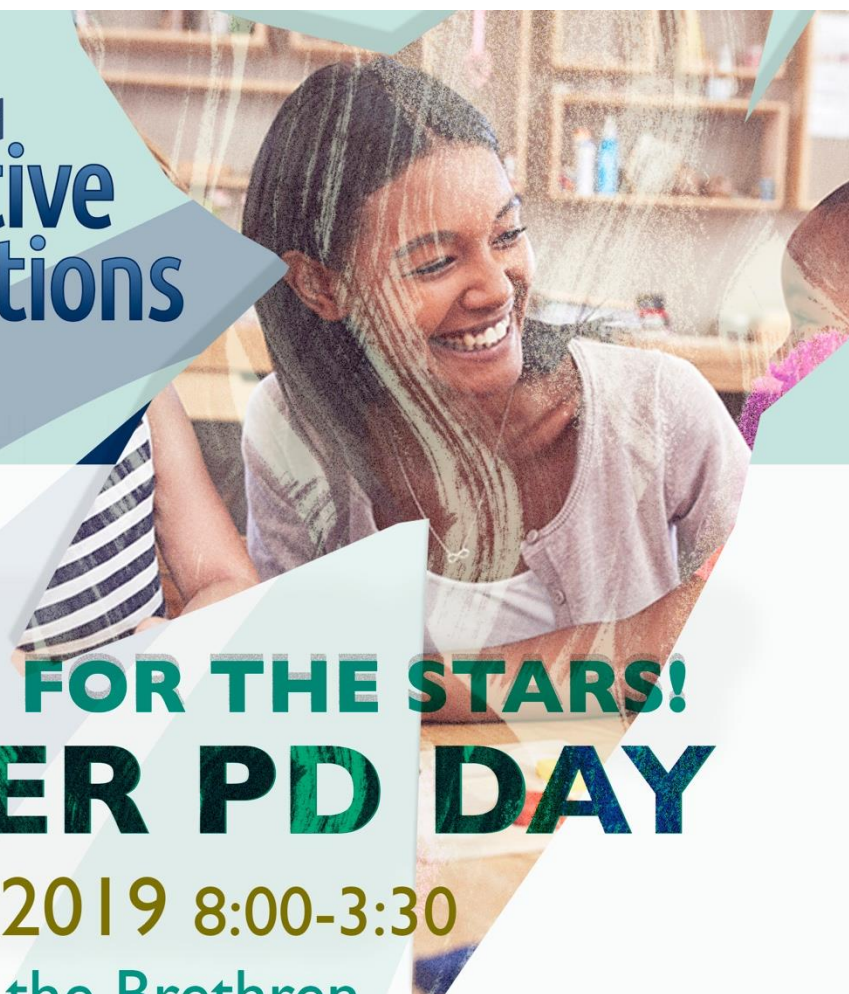




Early Childhood  
**Innovative  
Connections**



# **REACHING FOR THE STARS! WINTER PD DAY**

**February 23, 2019 8:00-3:30**  
**Lititz Church of the Brethren**

**An early childhood education  
professional development event  
focused on reaching the  
STARS Standards!**

**[ecinnovativeconnections@gmail.com](mailto:ecinnovativeconnections@gmail.com)**

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Pennsylvania Association for the  
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## SCHEDULE FOR THE DAY

- ☞ **Conference Day Check-in:** Coffee / Breakfast Snacks: 8:00 to 8:30
- ☞ **Session I:** 8:30 to 10:30
- ☞ **Session II:** 10:45 to 12:45
- ☞ **Lunch:** 12:45 to 1:30
- ☞ **Session III:** 1:30 to 3:30

## Sessions At-a-Glance

8:30-10:30	10:45-12:45	1:30-3:30
<b>Pediatric First Aid/CPR pt. 1</b> (Note additional \$20 fee)	<b>Pediatric First Aid/CPR pt. 2</b>	<b>Fire Safety</b>
<b>STARS 101</b> Barb Willier	<b>STARS 102</b> Barb Willier	
<b>Open-ended Art in the Classroom</b> Lindsay Gristick	<b>Back to Basics Health and Safety</b> Lindsay Gristick	<b>Introduction to the ASQ: SE2</b> Lindsay Gristick
<b>Promoting Powerful Interactions</b> Bev Goodling	<b>Change Your Words, Change Their Mindsets</b> Bev Goodling	<b>Balls and ramps: Integrating STEAM in your block area</b> Bev Goodling
<b>Positive Behavior Support: Make and Take</b> Cynthia Pollich	<b>Rock Solid: Enhancing Social Emotional Literacy: Birth to Age Three</b> Cynthia Pollich	<b>Embedding Emotional Intelligence Into Your Day</b> Cynthia Pollich
<b>Flipping Your Mindset About Challenging Behavior</b> Megan Pierson	<b>What Do I Do Now? Seeking Help for Challenging Behaviors</b> Megan Pierson	<b>The Peaceful Classroom: Implementing Trauma-Informed Practices Into Early Childhood</b> Megan Pierson

## Select your sessions

Each session provides PQAS and Act 48 hours. Participants must attend and sign-in to the sessions they select in order to receive credit for course completion. Capacity for all sessions is 25; session registration is first-come, first serve. Payment is due with registration on EventBrite. Single session registrations will be charged the full conference fee.

### **AM Session I 8:30 to 10:30 (2 PQAS / 2 Act 48 Hrs.)**

#### **IA: Pediatric First Aid/CPR, part I**

This class runs for the 2 AM sessions; there is an additional \$20 fee for the Certificate.

#### **IB: STARS 101**

##### **Barb Willier**

This course meets the requirement for STAR 2 SQ.2.1 Part I. It is an introduction to the idea of Continuous Quality Improvement which is the basic premise for the Keystone STARS Quality Rating System. In addition to the philosophy of CQI, the process of change and how to begin your journey through the Keystone STARS system will be discussed.

#### **IC: Open-ended Art in the Classroom K2.9 C1**

##### **Lindsay Gristick**

Participants will learn the difference between art and a craft and will learn how to facilitate the creation of art in their classroom. So many times, teachers are focused on the product and not the process. It's the process of art that really helps a child develop.

#### **ID: Promoting Powerful Interactions K5.11 C2**

##### **Bev Goodling**

Children who participate in rich, meaningful language experiences at an early age will be more competent with language in later schooling. Learn how to transform some of your everyday interactions with children into "Powerful Interactions", which have the potential to build self-esteem and extend learning. This session is based on the book, *Powerful Interactions*, by Dombro, Jablon and Stetson (2012) and participants will discuss and apply the three-step strategy of building powerful language experiences with young children.

#### **IE: Positive Behavior Support: Make and Take K2.1 C3; K2.2 C3; K2.3 C3; K2.10 C3; K2.10 C2; K2.11 C2**

##### **Cynthia Pollich**

This class will involve an individualized approach to developing effective interventions for children with severe challenging behavior • Developed from the science of applied behavior analysis (behavior modification) • Incorporates the values of child-centered approaches. This class will be a discussion and make and take.

#### **IF: Flipping Your Mindset About Challenging Behavior K1.1 C2; K1.4 C2**

##### **Megan Pierson**

Mindset is the skill of being present in the moment and identifying thoughts and feelings associated with experiences and the environment around you. Children's challenging behavior can cause even the most skilled teachers to experience stress and frustration but the key to preventing and guiding behavior is "flipping" your personal mindset. In this session, participants will identify strategies for building strong relationships with children as a foundation for positive social-emotional development and implement the FLIP-IT tool for understanding the mindset of teachers and children.

**AM Session II 10:45 to 12:45 (2 PQAS / 2 Act 48 Hrs.)****IIA: Pediatric First Aid/CPR, part 2**

This class runs for the 2 AM sessions; there is an additional \$20 fee for the Certificate.

**IIB: STARS 102****Barb Willier**

This course meets the requirement for STAR 2 SQ.2.1 Part 2. In addition to the philosophy of Continuous Quality Improvement (CQI), the process of change and how to begin your journey through the Keystone STARS system will be discussed. The following elements of assessing and building quality will be covered: Pennsylvania Core Knowledge Competencies and Big Ideas Framework, Continuous Quality Improvement, PA Early Learning Standards, Caring for our Children Basics (CFOCB) as a resource and supporting interactions with children and families.

**IIC: Back to Basics Health and Safety K7.2 C1; K7.3 C1; K7.4 C1****Lindsay Gristick**

Part of running a child care program is regular assessment of your health and safety risk factors. Participants will review the child care regulations and assess any potential risk factors present in their programs. Participants will then develop a plan to address any potential risks. Completing this process will not only make your program safer for children, but also help prepare you for your annual inspection.

**IID: Change Your Words, Change Their Mindsets K1.4 C2****Bev Goodling**

Do you have children in your group that give up easily when challenged with a new skill? Promote resilience and problem-solving skills by exploring how your language can influence children's mindsets. In this workshop, participants will use research-based strategies to connect with the emotional aspect of learning and encourage a growth mindset within their classrooms.

**IIE: Rock Solid: Enhancing Social Emotional Literacy: Birth to Age Three****Cynthia Pollich**

Supporting children's social and emotional development is key to school readiness and overall health growth and development. This lesson introduces evidence-based emotional literacy practices for use with infants and toddlers suggested by the Pyramid Model and resources from the Center on the Social and Emotional for Early Learning (CSEFEL).

**IIF: What Do I Do Now? Seeking Help for Challenging Behaviors K1.3 C1; K1.4 C1; K1.4 C2; K2.13 C1****Megan Pierson**

Research indicates that occurrences of challenging behavior in early childhood classrooms are commonplace resulting in stressed children and teachers. Expulsions and suspensions of children from programs occur at high rates, especially in preschool classrooms, and are associated with negative educational and life outcomes. In this session, participants will identify strategies to understand and communicate with families about challenging behavior, implement practices to improve social-emotional and learning outcomes for children and reduce stress for teachers.

**PM Session III 1:30 to 3:30 pm (2 PQAS / Act 48 Hrs.)****IIIA: Fire Safety****IIIB: Introduction to the ASQ: SE2****Lindsay Gristick**

Participants will learn how to use the ASQ: SE 2 as a screening tool for children ages 3 months to 5 years. The session provides information on how to administer and score the screener and share results of the screener with families. Including resources for making referrals to additional services if needed.

**IIIC: Balls and ramps: Integrating STEAM in your Block Area** K2.14 C3**Bev Goodling**

This workshop will explore an inquiry based framework for teaching science concepts to young children.

Participants will actively participate by using ramps and “things that roll” to participate in simple investigations of energy and motion, based on the PA Learning Standards.

**IIID: Embedding Emotional Intelligence Into Your Day** K2.01 C2; K1.01 C2**Cynthia Pollich**

Emotional intelligence is a set of skills associated with, monitoring one’s own and others’ emotions, and the ability to use emotions to guide one’s thinking and actions (Salovey and Meyer 1990). Emotions impact our attention, memory and learning; our ability to build relationships with others; and our physical and mental health (Salovey and Meyer 1990). Developing emotional intelligence enables us to manage emotions effectively and avoid being derailed, for example, by a flash of anger.

**IIIE: The Peaceful Classroom: Implementing Trauma-Informed Practices Into Early Childhood Programs** K1.1 CI; K1.3 CI; K1.4 CI; K1.4 C2; K1.7 CI; K2.13 CI; K3.5 CI; K3.5 C2**Megan Pierson**

Early childhood trauma generally refers to the traumatic experiences that occur to children aged 0-6. It is a common misperception that young age protects children from the impact of traumatic experiences. A growing body of research has established that young children may be affected by events that threaten their safety or the safety of their parents/caregivers, and their symptoms have been well documented. In this session, participants will describe the potential impact of traumatic stress and adverse experiences on children’s learning and development, list elements of trauma responsive practice and describe strategies for implementing trauma-informed practices into the early childhood classroom.

**Conference Registration Instructions****ECIC Members: \$ 35****Non-Members: \$ 60****Additional charge for First Aid certificate: \$20****All registrations after Feb 18, 2019: \$ 75**

Registration is being completed through EventBrite; credit card payment is due at the time of registration. Access registration with this link:

<https://www.eventbrite.com/e/reaching-for-the-stars-tickets-54764574316>

**Location****Lititz Church of the Brethren****300 W. Orange St.****Lititz PA 17543****Enter in the back of the building.**