

## 2021 First Up Conference Workshop Guide

Friday, March 5		Saturday, March 6			
Time	Title	Presenter(s)	Time	Title	Presenter(s)
<b>8:30 - 9:00</b>	Creating Your Personal Safety Plan	James Nicholson - First Up	<b>8:30 - 9:00</b>	Creating Your Personal Safety Plan	Wendy Wagner, First Up
<b>9:00-9:45</b>	Keynote Address	Dr. Amy Lynch - Temple University	<b>9:00-9:45</b>	Keynote Address	Thaddeus "Titus O'Neil" Bullard, WWE
<b>9:45-10:00</b>	Family Mindfulness Break	Alix Cozen - First Up	<b>9:45-10:00</b>	Family Mindfulness Break	Alix Cozen, First Up
<b>10:00-11:00</b>	Take Care of You. Take Care of Baby.	Christine Haley-Brinen, First Up	<b>10:00-11:00</b>	Supporting a Caring Learning Environment for Infants and Toddlers	Nancy Nicewonger - First Up
	Supporting Early Literacy with Cultural Awareness for English/Dual Language Learners	Devon Laudenslager and Jade Cintron - Free Library of Philadelphia		Creating Classroom Books: Documenting Children's Words and Work	Susan Chopnick - Harrow International School
	Flourishing Together: Why We Teach Teachers About Trauma	Jillian Best Adler, James Nicholson, Joanna LaCorte, and Sonia Stamm - First Up		Understanding Anger (Part 1 of 3)	Diane Wagenhals - Lakeside Global Institute
	Now's The Time!	Susan MacDonald - Inspiring New Perspectives		Early Childhood Education Professional Development Organization (ECE PDO) and the Advancement of the ECE Field	Dr. Jennifer Pyles and Liz Knouse - PASSHE PDO
	Culturally Responsive Self-Care Practices	Dr. Lawanda Wesley - Center for Equity in Early Education; Dr. Julie Nicholson - Mills College; and Julie Kurtz - Center for Optimal Brain Integration		A Self-Care Toolkit for the Workplace and Beyond	Marie Marks - Children's Village and Shana Treon - Rider University
	Brave Anti-Bias Conversation with Children & Families: A Tool for Implementing Anti-Bias Education	Shawn Bryant - Teaching Excellence Center		Three Campaigns and YOU: Early Learning Pennsylvania	Elizabeth Farwell - Ozer - First Up
<b>11:00-11:15</b>	Family Music Break	Peter Moses - The Mindful Experience	<b>11:00-11:15</b>	Family Yoga Break	Bari Koral - Yogapalooza
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	Friday, March 5			Saturday, March 6	
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11:15-12:15	Supporting Infants and Toddlers Social Emotional Development	Patti Jo Wilson - Lakeshore Learning	11:15-12:15	The Brilliance and Resilience Supporting Social Emotional Learning (SEL)	Dr. Foram Bhukanwala - Arcadia University, Marie Marks - Children's Village, and Manali Patel - The MENTOR Network
	Trauma-Informed Approach to Managing Challenging Behaviors	Anna Seewald - Authentic Parenting		Trauma and Young Children: What Every Educator Needs to Know	Sarah Erdman - FB Meekins Cooperative Preschool
	Manage Children with Comfort and Joy	Luann Scardino		Advocacy During COVID: Sharing Your Triumphs and Building a Better System	Elizabeth Farwell - Ozer - First Up
	The Voice of Early Childhood Educators: Using Stories to Impact the Field	Traci Childress - St. Mary's Nursery School		Repoliticizing Reggio: Democratic Education for Dangerous Times	Stephen Karmal - Wild Lilac Child Development Community
	The Process of STAR 1 to 2: Introduction to Quality	Catherine Bohner, Devin Hughes, and Markeeta Jones - ELRC 18		Understanding Anger (Part 2 of 3)	Diane Wagenhals - Lakeside Global Institute
	It's A Family Thing	Kim Farmer, Wendy Wagner, Lisa Laoye - First Up		Trauma-Informed Model for Teaching Little Humans	Angela Bayer-Persico - World of Angela, LLC
				De Amas De Casa, a Arquitectas de Cerebros	Grace Gaillard Jouan and Maribel Tapia - Central Jersey Family Health Consortium-GNJK
12:15-12:30	Family Yoga Break	Alix Cozen - First Up	12:15-12:30	Family Music Break	Nancy Golden - AFEL
12:30-1:30	Math Knowledge & Skills: Developmentally Appropriate Math Experiences for Infant, Toddlers, and PreK	Shawn Bryant - Teaching Excellence Center	12:30-1:30	Nature: Essential for Children to Thrive!	Peg Szcurek - Pegazus Consulting
	ECE Apprenticeship: Reducing Barriers to Higher Education	Jean Allison, Teresa Collins, Lisbeth Ramos - PHMC		7 Warning Signs of Unhealthy Stress in Children and Ways to Help	Helen Ober
	Mindfulness for Self-Care and to Inspire Children	Peter Moses - The Mindful Experience		Yogapalooza	Bari Koral - Yogapalooza
	Building Your Bounce: Simple Strategies to Promote Adult Resilience	Susan Damico - Devereux Center for Resilient Children		<i>No Small Matter</i> Film Screening and Discussion	Elizabeth Farwell - Ozer - First Up
	Leading in A Post-Pandemic World	Mansi Kakkar - The Early Learning Lab		Understanding Anger (Part 3 of 3)	Diane Wagenhals - Lakeside Global Institute

12:30-1:30	Friday, March 5		12:30-1:30	Saturday, March 6	
	Title	Presenter(s)		Title	Presenter(s)
	Strengthening Family Engagement: Tools for Positive Partnership	Serena Washington, Sarah Grubb, and Katie Gullone - Trying Together		The Next Right Thing: Using Popular Children's Movies to Start Big Conversations	Jillian Best Adler and Rebecca Tyrrell - First Up
		Hablano con Los Ninos Acerca De La Raza y La Diversidad	Grace Gaillard Jouan and Maribel Tapia - Central Jersey Family Health Consortium-GNJK		

All workshop sessions will be recorded and available to registrants for 30 days after the conference. Schedule subject to change.